

On June 2, 2016, edible marijuana products containing up to 15 mg of THC will be available for retail sale in registered medical marijuana dispensaries across the state to adults 21 or over.

Although smoking marijuana has the added risk of harmful smoke exposure, eating or drinking marijuana still exposes you to THC, the chemical that makes you high. While you quickly feel the effects of smoked or vaped marijuana, edibles can take up to four hours to take full effect.

Marijuana can make children very sick.

- You can help keep the children in your life safe and healthy by storing all marijuana products in a locked area that children cannot see or reach.
- If your child eats or drinks marijuana products, call the Poison Center Hotline as soon as possible at 1-800-222-1222.
- If symptoms seem bad, call 911 or go to the emergency room right away. Symptoms can include your child having trouble walking or sitting up, starting to be sleepy or having a hard time breathing.

THC can affect people differently. Members of the public are advised to ingest less than the 15 mg per unit limit and wait at least 90 minutes and up to four hours before eating or drinking more.

A registered medical marijuana dispensary is permitted to sell to members of the public age 21 or older one unit of a single-serving, low-dose cannabinoid edible per day. A unit of low-dose cannabinoid edible can contain more than one edible as long as the total tetrahydrocannabinol (THC) in the unit does not exceed 15 mg. THC is the chemical in marijuana that makes you high. Also on June 2, all edible retail marijuana products in Oregon must have a clear THC serving size indicated on them.

To learn more about the work of the Oregon Public Health Division related to marijuana, please visit: [healthoregon.org/marijuana](http://healthoregon.org/marijuana).